

September 2019 Bulletin

SRLA Kick Off at the LADF 5K



@babak_a_photography

On Sunday, September 29th, we will get our season off to a running start at the [Biofreeze Los Angeles Dodgers Foundation 5K](#). This is the first of [6 runs](#) that students will complete throughout the school year as they prepare for their return to Dodgers Stadium in March for the Los Angeles Marathon.

SRLA Cares: Reduce, Reuse, Recycle!



SRLA students are collecting recyclables and learning about the impact of plastic in our landfills, as well as alternatives to plastic bottles. Money raised supports SRLA Cares and SRLA Post-Secondary Scholarships. If you will be at the LADF 5K make sure to bring 1lb of clean, crushed bottles and cans to be recycled. Learn more about our past [SRLA Cares Projects](#).

How Are Groups Preparing for the LADF 5K?



From weekend fun runs to team building ice breakers to hill repeats and wall sits, SRLA groups all over LA are getting ready for the LADF 5K and the season ahead. Take a peak at photos from practices and read all about the fun activities groups have been doing on our [blog](#).

SRLA Beachcomber 10K T-Shirt Reveal!



The SRLA Beachcomber 10K is just one month away - register today to claim your official race T-shirt and represent SRLA.

SRLA Friends and Family can use code **HONDASRLAFAMILY** to save 15% on each event:

[SRLA Beachcomber 10K](#)

[SRLA Lake Balboa 15K](#)

[SRLA That Dam 30K / 5K](#)

[SRLA Spring into Summer 5K](#)

Interested in Becoming a Sponsor?

Students Run LA is gearing up for our 31st Season and we would love for you, your business, or your employer to be a part of it. To learn more about sponsorship opportunities, email cassidy@srla.org.

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