

## September 2018 Bulletin

### Alondra: Running Relaxes Me

Alondra, an eighth grader at El Sereno Middle School, shares how running makes her feel happy and relaxed. She also shares some big goals for this year! Read her blog [here](#).



## SRLA Board of Directors

Students Run LA is thrilled to introduce the new President of the SRLA Board of Directors, John MacAllister! John is the principal of Dorado Industries and brings extensive nonprofit experience to the Board of Students Run LA. Say hello to him on race mornings where he can be found passing out SRLA bibs (and donuts).

Together, we welcome three new Board Members, Kristine Michie, Gisela Friedman, and Michael Curry. We look forward to their efforts in supporting SRLA.

Michael Curry, like so many of our students, shares a Latino background and was among the first in his family to go to college. He's now a banking professional at UBS Financial.

Similarly, Gisela Friedman immigrated to this country from Latin America and has an educational background in public health.

Finally, Kristine Michie brings the SRLA experience of the past 30 years full circle. She was SRLA's first development director and is now the Vice President of Strategic Philanthropy & Investments at Accion.

## LADWP Community Grant Partnership

Students Run LA has been awarded a [LADWP](#) Community Partnership Outreach Grant! Through our [SRLA Cares](#) program, we will be providing outreach and education to students and community members on ways to improve energy efficiency and water usage.

Get involved in our first project at the [SRLA Lake Balboa 15K](#), A Brighter Future, by bringing an incandescent light bulb from your home to exchange for a brand new [Phillips LED SceneSwitch lightbulb](#).

# A Brighter Future!



## LA84 Summit

Our partners at the LA84 Foundation invite you to join them at the LA84 Foundation Summit. In keynotes, panel discussions, and power talks, speakers from across the country will discuss topics such as the impact athlete activists can have, P.E. as a social justice issue, how to ensure sports are safe for kids, and much more.

Featured speakers include: Action sports icon and TV host Sal Masekla, Olympic gold medalist Jordyn Wieber, NBA World Champion Metta World Peace, Former NFL player Christ Borland, and LA84 Foundation President & CEO Renata Simril.

Click [here](#) to register.



## Resources for Victims and Survivors of Domestic Abuse

At our first Leader meeting of the season, SRLA hosted Heather Provencher, MSW, Director of Prevention and Education Initiatives at [Stuart House](#), a program of the Rape Treatment Center at UCLA Medical Center-Santa Monica. She shared information to help victims and survivors of sexual abuse. These FREE resources are available to EVERYONE. Click [here](#) for more information and direct hotlines.

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