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LOCAL NEWS

Ready for LA Marathon? Students Run LA event tests young athletes' endurance

The 30K event, called "SRLA That Dam 30K," included more than 3,000 under-served students who are participating in the youth mentoring and marathon training program in the greater Los Angeles area.



Students, volunteer teachers and other marathon runners participate during the Students Run LA event at Hansen Dam Recreation Center area in Pacoima on Sunday, Feb. 09, 2020. (Photo by Ed Crisostomo, Contributing Photographer)

By [HOLLY ANDRES](#) | handres@scng.com | Daily News

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Middle and high school students with the Students Run LA program participated in their final qualifying run for the 2020 Los Angeles Marathon on Sunday at Hansen Dam Recreation Center area.

The 30K event, called "SRLA That Dam 30K," included more than 3,000 under-served students who are participating in the youth mentoring and marathon training program in the greater Los Angeles area.

Training for a 26.2-mile marathon requires students to learn how to focus and stick with a challenge. It's also a sweaty, concrete way for students to realize what they learn in training can be applied to other life goals.

Last year, 2,588 students participated in the LA Marathon with almost 100 percent crossing the finish line.

Students also participate in a community service project each year. This year, the group collected boxed pasta that was donated to the food bank at MEND in Pacoima.

The SRLA program began in 1989 and more than 70,000 students have participated. For information about the program srla.org

